

Parent/Carer and School Referral Forms for the Essex ICB NHS Accredited Children's ADHD/ASD Providers:

The NHS Essex Integrated Care Board (the ICB) has commissioned new independent Right to Choose providers to carry out Autism and/or ADHD assessments for children and young people. These new providers now form part of the local NHS pathway for children and young people's Autism and ADHD services in mid and south Essex.

The providers listed below are accepting referrals now. Please choose the Provider you wish your GP to refer to and advise the GP Practice when you return the form:

The ADHD Service: Website link:	www.theadhdservice.co.uk .
Body and Mind Healthcare Clinic Website link:	https://bodymindhealthcareclinic.com/
Care ADHD Website link:	https://under18s.careadhd.co.uk/
The Owl Centre Limited Website link:	https://www.theowl.org/
Mind Professionals Website link:	https://mindprofessionals.com/
PROVIDE Enterprises Website link:	https://providewellbeing.co.uk/services/neurodevelopmental-services/assessment-pathways/nhs-local-pathways/mid-south-essex/
The Private Therapy Clinic Website link:	https://theprivatetherapyclinic.co.uk/services/nhs-essex-assessments/

Instructions for parents and carers:

- Parents/carers should complete pages 1-11 for the child or young person
- Please arrange for the child's School/Education Setting to complete pages 12-18
- Once completed, return all pages in this form to the GP practice. They will use this information to make the referral.
- **Please note – only referrals made by the GP practice will be accepted.**

CHILD / YOUNG PERSON'S DETAILS:

Name:			Date of Birth:	
Address:				
NHS No:				
Contact Details for Parent/s or Carer:	Mobile:			
	Home:			
	Alternate:			
	Email:			

Parent/Carer Questionnaire for an Autism and/or ADHD assessment in Essex

- **Once complete – forms should be returned to the referrer (GP).**
- **Parents/carers should ensure they take a copy for their records before the referral is submitted.**

This parent/carers questionnaire is required to support the referral for an autism and / or ADHD assessment in Essex. The information provided will determine the assessment(s) required. The more information you can provide the better. The school/educational setting questionnaire should be passed to your child/young person's school or educational setting for completion, before the complete form is returned to your GP for submission.

If you need help filling out the form please talk with your school / educational setting, family support worker, or social worker.

What is your preferred method of communication? (Tick one)			
Link by SMS	☐	Attachment by Email	☐

Link by Email	☐	Copy by Post	☐
Sharing information			
Are you happy to share your Child / Young Person's record with other health services who are involved with your Child / Young Person's care?		☐ Yes / ☐ No	
Are you happy to have access to the records held by other health services involved in your Child / Young Person's care?		☐ Yes / ☐ No	
Are you happy to share information with the child / young person's educational setting e.g. SENCO and the local authority?		☐ Yes / ☐ No	
An onward referral may be made after your appointment please check the below:			
Do you consent to your Child / Young Person's shared care record (used by other organisations using the SystmOne electronic patient record system such as your GP)		☐ Yes / ☐ No	
Do you consent to us adding information relating to your Child / Young Person's care to their SystmOne shared care record which may be viewed by other NHS professionals such as your/their GP?		☐ Yes / ☐ No	
Does the Child / Young Person (aged 13 and over) consent to their information being shared by parents / carers and their educational settings?		☐ Yes / ☐ No	
CONSENT TO REFERRAL:			
Do you agree to this referral being made:		☐ Yes / ☐ No	
Does the Child / Young Person agree to this referral being made:		☐ Yes / ☐ No / ☐ Not applicable	
Please include further information on Child / Young Person's response:			
Please ensure all consent questions are answered above to avoid delays.			
If you are completing this form electronically, type your name in the signature box.			
SIGN:			
PRINT:			
RELATIONSHIP TO CHILD / YOUNG PERSON:			
DATE:			
MEDICAL HISTORY:			
1. Were there any complications during pregnancy?		☐ Yes / ☐ No	
Please give details:			
2. Were there any complications at the birth?		☐ Yes / ☐ No	
Please give details:			
3. Was your child born before 37 weeks?		☐ Yes / ☐ No	
Please give details:			
4. Did they meet their developmental milestones?		☐ Yes / ☐ No	
If NO, please give brief detail of what the difficulties were/are:			
5. Does your child / young person have any physical or health difficulties or diagnoses?		☐ Yes / ☐ No	
Please give details:			
6. Are there any concerns regarding your child / young person's diet and/or appetite?		☐ Yes / ☐ No	

Please give details:	
7. Are there any concerns regarding your child / young person's sleep?	☐ Yes / ☐ No
Please give details:	
8. Are there any concerns regarding your child / young person's self-care skills e.g. getting dressed, washing, toileting?	☐ Yes / ☐ No
Please give details:	
9. Are there any concerns regarding the following:	☐ Yes / ☐ No
- Gross motor skills (large muscle movements e.g. crawling, walking, jumping, climbing): - Fine motor skills (small muscle movements e.g. using buttons and zips, holding a pencil or fork, using scissors): - Balance and coordination:	
10. Do you have any concerns about the way your child/ young person understands language?	☐ Yes / ☐ No
Please give details:	
11. Which best describes the way your child/young person speaks to you?	
☐ Not yet speaking ☐ Single words and/ or short phrases ☐ Full sentences ☐ Full conversations	

FAMILY STRUCTURE AND SIGNIFICANT LIFE EVENTS

12. Please tell us who lives at home with your Child / Young Person, their age and relationship to the Child / Young Person (e.g. sibling, parent, stepparent, carer). Also tell us about other significant relationships with extended family who live locally to you.	
13. Have there been any relationship breakdowns, including separation and divorce?	☐ Yes / ☐ No
14. Has there ever been domestic abuse / violence in the family?	☐ Yes / ☐ No
15. Is the Child/Young Person a Child Looked After?	☐ Yes / ☐ No
16. What is your Child / Young Person's view of their difficulties?	
17. How do the Child / Young Person's difficulties affect the family?	

18. Have you attended a course or workshop to understand your child / young person's needs, if so, how long ago and which course did you attend?	☐ Yes / ☐ No
19. Have you accessed any relevant support e.g. helplines, groups, charities? If yes which ones?	☐ Yes / ☐ No
20. Has the Child / Young Person had a private assessment for autism, ADHD, or similar / related conditions?	☐ Yes / ☐ No
If yes, please provide the details below and attach the report:	
21. Has the Child / Young Person had a private assessment for autism, ADHD, or similar / related conditions?	☐ Yes / ☐ No
If yes, please provide the details below and attach the report:	
<i>We understand some families may seek a private diagnosis. We ask that reports are shared with our service to outline the best pathway and support for the Child / Young Person.</i>	

EDUCATION SETTING DETAILS, INCLUDING NURSERY, SCHOOL, COLLEGE

22. Does the child / young person attend an educational setting?	☐ Yes / ☐ No								
If yes, please complete details below;									
Educational Setting Contact Details:	<table border="1" style="width: 100%; border-collapse: collapse;"> <tr><td style="width: 20%;">Name:</td><td></td></tr> <tr><td>Address:</td><td></td></tr> <tr><td>Phone Number:</td><td></td></tr> <tr><td>Email:</td><td></td></tr> </table>	Name:		Address:		Phone Number:		Email:	
Name:									
Address:									
Phone Number:									
Email:									
If no, when was the last time they attended an educational setting (please tick one option):									
- Less than six months ago - More than six months ago - Never	☐ ☐ ☐								
If less than six months ago, please provide the educational setting contact details below;									
Educational Setting Contact Details:	<table border="1" style="width: 100%; border-collapse: collapse;"> <tr><td style="width: 20%;">Name</td><td></td></tr> <tr><td>Address:</td><td></td></tr> <tr><td>Phone Number:</td><td></td></tr> <tr><td>Email:</td><td></td></tr> </table>	Name		Address:		Phone Number:		Email:	
Name									
Address:									
Phone Number:									
Email:									

REASONABLE ADJUSTMENTS

23. Does the child / young person need any reasonable adjustments? E.g. appointments in person rather than virtual, etc.
24. Do the parents / carers need any reasonable adjustments? E.g. call rather than text messages, etc.

CONCERNS / AREAS OF DIFFERENCE

Parental / Carer Concerns: Please highlight your level of concern and give details.	
25. Communication skills:	☐ NONE ☐ SOME ☐ SIGNIFICANT

26. Social Interaction with peers and managing relationships:	☐ NONE ☐ SOME ☐ SIGNIFICANT
Please provide details:	
27. Behaviour that concerns or challenges others:	☐ NONE ☐ SOME ☐ SIGNIFICANT
Please provide details:	
28. Intense or specific interests/play:	☐ NONE ☐ SOME ☐ SIGNIFICANT
Please provide details:	
29. Repetitive Behaviours:	☐ NONE ☐ SOME ☐ SIGNIFICANT
Please provide details:	
30. Routines/challenges with changes:	☐ NONE ☐ SOME ☐ SIGNIFICANT
Please provide details:	
31. Sensory seeking/avoidance:	☐ NONE ☐ SOME ☐ SIGNIFICANT
Please provide details:	
32. Mental Health:	☐ NONE ☐ SOME ☐ SIGNIFICANT
Please provide details:	
33. Emotional Responsiveness and well-being:	☐ NONE ☐ SOME ☐ SIGNIFICANT
Please provide details:	
34. Does your Child / Young Person often find it difficult to give close attention to details; or makes careless mistakes with their homework?	☐ NONE ☐ SOME ☐ SIGNIFICANT
Please give examples:	
35. Does your Child / Young Person often have difficulties sustaining attention with tasks and play activities?	☐ NONE ☐ SOME ☐ SIGNIFICANT
Please give examples:	
36. Does your Child / Young Person often not seem to listen when spoken to directly, for example their mind seems elsewhere?	☐ NONE ☐ SOME ☐ SIGNIFICANT
Please give examples:	
37. Does your Child / Young Person not follow through with instructions and does not to finish his/her schoolwork, chores, or duties? Starts tasks and then loses focus very quickly?	☐ NONE ☐ SOME ☐ SIGNIFICANT
Please give examples:	
38. Does your Child / Young Person have difficulties organising tasks and activities, for example: difficulty keeping materials and belongings in order, messy and disorganised?	☐ NONE ☐ SOME ☐ SIGNIFICANT
Please give examples:	
39. Does your Child / Young Person avoid, dislike, or is reluctant to engage in tasks that require sustained mental effort, for example: homework or schoolwork, easily distracted?	☐ NONE ☐ SOME ☐ SIGNIFICANT
Please give examples:	

40. Does your Child / Young Person often lose things necessary for a task or activity, for example: pens, pencils, books, tools, paperwork, or PE kit?	☐ NONE ☐ SOME ☐ SIGNIFICANT
Please give examples:	
41. Does your Child / Young Person become easily distracted by irrelevant or unrelated things that have no relation to what they are supposed to be doing, for example: when studying or concentrating on a task?	☐ NONE ☐ SOME ☐ SIGNIFICANT
Please give examples:	
42. Does your Child / Young Person often forget daily activities, for example: doing chores, their school timetable, timings, when they are supposed to meet you or others?	☐ NONE ☐ SOME ☐ SIGNIFICANT
Please give examples:	
43. Does your child fidget, squirm or leave their seat in situation when you would expect Child / Young Person remain seated or sit still?	☐ NONE ☐ SOME ☐ SIGNIFICANT
Please give examples:	
44. Is your Child / Young Person often acting if driven by motor, always seen to be full of energy and have difficulty waiting their turn?	☐ NONE ☐ SOME ☐ SIGNIFICANT
Please give examples:	
45. Does your Child / Young Person talk excessively, blurt out answers or interrupt conversations?	☐ NONE ☐ SOME ☐ SIGNIFICANT
Please give examples:	

46. SNAP -IV Parent / Carer 18-Item Rating Scale, James M. Swanson PhD

For each item, check the column which best describes this child/ young person:

	Not at all	Just a little	Quite a bit	Very much
1. Often fails to give close attention to details or makes careless mistakes in schoolwork or tasks	☐	☐	☐	☐
2. Often has difficulty sustaining attention in tasks or play activities	☐	☐	☐	☐
3. Often does not seem to listen when spoken to directly	☐	☐	☐	☐
4. Often does not follow through on instructions and fails to finish schoolwork, chores, or duties	☐	☐	☐	☐
5. Often has difficulty organizing tasks and activities	☐	☐	☐	☐
6. Often avoids, dislikes, or reluctantly engages in tasks requiring sustained mental effort	☐	☐	☐	☐
7. Often loses things necessary for activities (e.g., toys, school assignments, pencils or books)	☐	☐	☐	☐
8. Often is distracted by extraneous stimuli	☐	☐	☐	☐
9. Often is forgetful in daily activities	☐	☐	☐	☐
10. Often fidgets with hands or feet or squirms in seat	☐	☐	☐	☐
11. Often leaves seat in classroom or in other situations in which remaining seated is expected	☐	☐	☐	☐
12. Often runs about or climbs excessively in situations in which it is inappropriate	☐	☐	☐	☐
13. Often has difficulty playing or engaging in leisure activities quietly	☐	☐	☐	☐
14. Often is "on the go" or often acts as if "driven by a motor"	☐	☐	☐	☐
15. Often talks excessively	☐	☐	☐	☐
16. Often blurts out answers before questions have been completed	☐	☐	☐	☐
17. Often has difficulty awaiting turn	☐	☐	☐	☐

18. Often interrupts or intrudes on others (e.g., butts into conversations/ games	☐	☐	☐	☐
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School/Education Setting Questionnaire for an Autism and/or/ADHD assessment

- Once complete – forms should be returned to the referrer (GP)
- Parents/carers should ensure they take a copy for their records before the referral is submitted.

This school/educational setting questionnaire is required to support a referral for an Autism and/or ADHD assessment. Please could you ensure where possible all parts of this form are completed.

EDUCATION SETTING QUESTIONNAIRE

CHILD / YOUNG PERSON'S DETAILS:

Name:		Date of Birth:	
Address:			
NHS No:			

Name of person completing questionnaire:	
Role of person completing questionnaire:	
Education setting:	
Date of Completion:	
Current Year Group of Child / Young Person?	
Are they out of year group? If yes, which year group should they be in?	

Please provide the details of your SENCo/INCo/SEND Lead:	
Name/Role:	
Tel:	
Email:	

1. Describe the Child / Young Person's strengths:
2. Challenges seen in school including how long they have been present:
3. If possible, to obtain, what is the Child / Young Person's view on their potential differences?

ACADEMIC PROGRESS

Please complete the relevant section for the child based on their age / year group.

4. EARLY YEARS FOUNDATION STAGE

Communication and Language	☐ Emerging / ☐ Expected
Physical development	☐ Emerging / ☐ Expected
Personal, social and emotional development	☐ Emerging / ☐ Expected

5. PRIMARY

Reading	PRE - Pre-Curriculum Expectations WTS - Working Towards the Curriculum Expectations EXS - Working at the Expected Standard GDS - Working at Greater Depth
Writing	PRE / WTS / EXS / GDS
Maths	PRE / WTS / EXS / GDS

6. SECONDARY

	Current attainment	Key stage equivalent
English	Year 1/2/3/4/5/6/7/8/9/10/11	KS 1/2/3/4
Maths	Year 1/2/3/4/5/6/7/8/9/10/11	KS 1/2/3/4
Science	Year 1/2/3/4/5/6/7/8/9/10/11	KS 1/2/3/4

7. CAT scores (if available):

Verbal reasoning	
Non-verbal reasoning	
Quantitative reasoning	

ACADEMIC ATTAINMENT

8. Is this Child / Young Person's academic attainment in line with their peers:	☐ Yes / ☐ No
If no please quantify the gap using school measures, including current level.	
9. Is this Child / Young Person's academic attainment in line with their ability:	☐ Yes / ☐ No
If no, what do you see to be the barriers and provide evidence for your reasons:	
10. Is this Child / Young Person on a reduced timetable:	☐ Yes / ☐ No
If yes, please give details of the reduced timetable and reasons why:	
11. Is the Child / Young Person spending time outside the classroom on a regular basis:	☐ Yes / ☐ No
If yes, please give details of where and why:	
12. Is school attendance an issue:	☐ Yes / ☐ No
If yes, please specify with reasons why:	
13. Is this Child / Young Person in receipt of an EHCP or has additional support in school:	☐ Yes / ☐ No
If yes, please give detail:	

14. Are there any current or previous Safeguarding concerns in relation to this Child / Young Person and the family:	☐ Yes / ☐ No
If yes, please give detail:	
15. Is this Child / Young Person open to Children's Services e.g. CP plan/ CIN plan:	☐ Yes / ☐ No
If yes, please give detail:	

SUPPORT AND STRATEGIES

16. Please list what support and strategies are currently being implemented at school. Consider what effect these interventions have had. If available, please attach relevant Valuing SEND (VSEND) report with this referral.
17. Please list support and strategies that have been offered and / or taken up by the family, including input from local family support worker, with name and dates if available.

CONCERNS/AREAS OF DIFFERENCE

Please highlight your level of concern and give details.

18. Communication skills:

☐ NONE ☐ SOME
☐ SIGNIFICANT

19. Social Interaction with peers and managing relationships:

☐ NONE ☐ SOME
☐ SIGNIFICANT

Please provide details:

20. Behaviour that concerns or challenges others:

☐ NONE ☐ SOME
☐ SIGNIFICANT

Please describe:

21. Intense or specific interests/play:

☐ NONE ☐ SOME
☐ SIGNIFICANT

Please provide details:

22. Repetitive Behaviours:

☐ NONE ☐ SOME
☐ SIGNIFICANT

Please provide details:

23. Routines/challenges with changes:

☐ NONE ☐ SOME
☐ SIGNIFICANT

Please provide details:

24. Sensory seeking/avoidance:

☐ NONE ☐ SOME
☐ SIGNIFICANT

Please provide details:

25. Mental Health:

☐ NONE ☐ SOME
☐ SIGNIFICANT

Please provide details:

26. Ability to recognise emotions and emotional responsiveness:

☐ NONE ☐ SOME
☐ SIGNIFICANT

Please provide details:

27. Attention:

Do they respond to their name or other prompts?

☐ Yes / ☐ No

Do they seem to be listening when spoken to?

☐ Yes / ☐ No

Do they flit between activities?

☐ Yes / ☐ No

Please comment on their attention to detail and thoroughness of work:

28. Ability to concentrate and sustain focus:

Is the Child / Young Person's ability to concentrate and sustain focus a concern on school?

☐ Yes / ☐ No

Please describe:

29. Organisation skills, time management, ability to plan and start tasks, working memory and adaptable thinking:

Please describe any strengths/concerns:

30. Level of activity, in both large and small movements:	
Are they calm and still?	☐ Yes / ☐ No
Do they have difficulty remaining seated?	☐ Yes / ☐ No
Please describe:	
31. Impulse control:	
Do they think before speaking/acting?	☐ Yes / ☐ No
Are they accident prone?	☐ Yes / ☐ No
Please give examples:	

32. SNAP -IV Teacher 18-Item Rating Scale, James M. Swanson PhD

For each item, check the column which best describes this child/ young person:

	Not at all	Just a little	Quite a bit	Very much
1. Often fails to give close attention to details or makes careless mistakes in schoolwork or tasks	☐	☐	☐	☐
2. Often has difficulty sustaining attention in tasks or play activities	☐	☐	☐	☐
3. Often does not seem to listen when spoken to directly	☐	☐	☐	☐
4. Often does not follow through on instructions and fails to finish schoolwork, chores, or duties	☐	☐	☐	☐
5. Often has difficulty organizing tasks and activities	☐	☐	☐	☐
6. Often avoids, dislikes, or reluctantly engages in tasks requiring sustained mental effort	☐	☐	☐	☐
7. Often loses things necessary for activities (e.g., toys, school assignments, pencils or books)	☐	☐	☐	☐
8. Often is distracted by extraneous stimuli	☐	☐	☐	☐
9. Often is forgetful in daily activities	☐	☐	☐	☐
10. Often fidgets with hands or feet or squirms in seat	☐	☐	☐	☐
11. Often leaves seat in classroom or in other situations in which remaining seated is expected	☐	☐	☐	☐
12. Often runs about or climbs excessively in situations in which it is inappropriate	☐	☐	☐	☐
13. Often has difficulty playing or engaging in leisure activities quietly	☐	☐	☐	☐
14. Often is "on the go" or often acts as if "driven by a motor"	☐	☐	☐	☐
15. Often talks excessively	☐	☐	☐	☐
16. Often blurts out answers before questions have been completed	☐	☐	☐	☐
17. Often has difficulty awaiting turn	☐	☐	☐	☐
18. Often interrupts or intrudes on others (e.g., butts into conversations/ games)	☐	☐	☐	☐

FEEDBACK

We are currently updating the referral process for these assessments and would appreciate your feedback on this form. For example, is there any additional information that should be requested? For example, is there any additional information that should be requested? Is there any wording you find confusing? Were you able to tell us everything you needed to about the child / young person? Do you have any other suggested improvements?

Thank you for taking the time to complete this referral.
Please hand or email this completed form with any supporting documents to your GP.